

Kindle eBook Daily Deals

07/06/20

1. My Bread: The Revolutionary No-Work, No-Knead Method (Cookbook, \$2.99)

1. By Jim Lahey
2. 4.7/5 stars with 644 reviews
3. When he wrote about Jim Lahey's bread in the *New York Times*, Mark Bittman's excitement was palpable: "The loaf is incredible, a fine-bakery quality, European-style boule that is produced more easily than by any other technique I've used, and it will blow your mind." Here, thanks to Jim Lahey, New York's premier baker, is a way to make bread at home that doesn't rely on a fancy bread machine or complicated kneading techniques.

2. Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care (Medicine, \$1.99)

1. By Gilbert Welch
2. 4.7/5 stars with 144 reviews
3. You might think the biggest problem in medical care is that it costs too much. Or that health insurance is too expensive, too uneven, too complicated—and gives you too many forms to fill out. But the central problem is that too much medical care has too little value.

3. 30 Lessons for Living: Tried and True Advice from the Wisest Americans (Personal Development, \$1.99)

1. By Karl A. Pillemer
2. 4.4/5 stars with 262 reviews
3. After a chance encounter with an extraordinary ninety-year-old woman, renowned gerontologist Karl Pillemer began to wonder what older people know

about life that the rest of us don't.