

# Kindle eBook Daily Deals

## 01/18/21

1. *Falter: Has the Human Game Begun to Play Itself Out?* (Science, \$1.99)

1. By Bill McKibben.

2. 4.3/5 stars with 228 reviews.

3. *Falter* tells the story of these converging trends and of the ideological fervor that keeps us from bringing them under control. And then, drawing on McKibben's experience in building 350.org, the first truly global citizens movement to combat climate change, it offers some possible ways out of the trap.

2. *The F\*ck It Diet: Eating Should Be Easy* (Personal Development, \$2.99)

1. By Caroline Dooner.

2. 4.5/5 stars with 1,349 reviews.

3. In *The F\*ck It Diet*, Caroline Dooner tackles the inherent flaws of dieting and diet culture, and offers readers a counterintuitively simple path to healing their physical, emotional, and mental relationship with food. What's the secret anti-diet? Eat. Whatever you want. Honor your appetite and listen to your hunger.