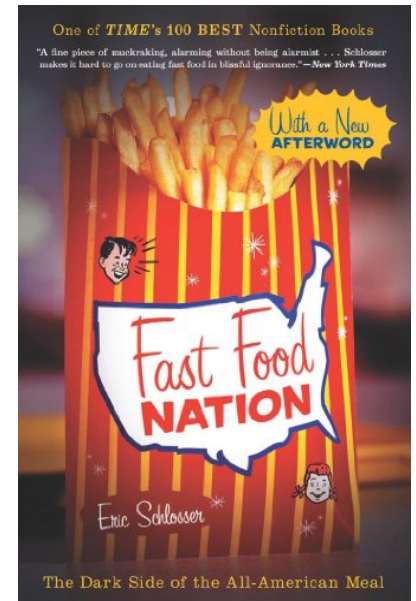


# Fast Food Nation Book Summary (PDF) by Eric Schlosser

Ready to learn the most important takeaways from Fast Food Nation in less than two minutes? Keep reading!



## Why This Book Matters:

Fast Food Nation explains the fast food industry as a popular business concept that brought innovation and as well as unhealthy habits into the neighborhoods where they thrive.

## The Big Takeaways:

- 1. Fast food restaurants use tactics to attract life-long customers but offer little long-term value.**
  1. If Fast food restaurants are notorious for offering fun things such as playgrounds and toys in kids' meals while neglecting nutrition in the food they offer.
- 2. Though they provide jobs, they take advantage of unskilled workers.**
  1. Poor working conditions result in high employee turnover, especially since corporate offices tend to intimidate workers who try to join or form

unions.

**3. Many fast-food companies franchise their restaurants to reduce risk, even though those franchises may not experience profit.**

1. Owners must follow all corporate policies which can work against them.

**4. Local farmers are often pushed out of business.**

1. Farmers are contracted into situations with little control over production and narrow profit margins.

**5. Slaughterhouses and meatpacking plants are dangerous places to work.**

1. These places are essential for fast food restaurants to operate and make money.

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