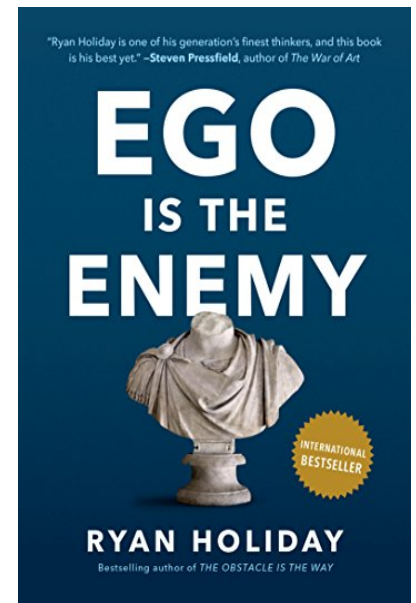


# Ego is the Enemy Book Summary (PDF) by Ryan Holiday

Ready to learn the most important takeaways from Ego is the Enemy in less than two minutes? Keep reading!



## Why This Book Matters:

Ego is the Enemy uses history and culture to warn readers that ego and pride can make you fall off the right track while emphasizing the importance of staying down-to-earth to help reach your goals.

## The Big Takeaways:

1. **Your ego wants you to receive the credit without doing the work.**
  1. If Wanting to be praised for a job well done is thanks to your ego.
2. **Keep your ego at bay by always believing that there is more for you to learn.**
  1. If you believe you already know what someone has to tell you, you will only prevent yourself from growing.
3. **Being a prideful person makes you block out**

**opportunities to learn and even toss caution to the wind.**

- 1. Celebrating your successes too early can prevent you from achieving further success.**
- 4. Don't feel like you have to be in control of every task. That's your ego talking. Trust that your team can take care of functions just as well as you can.**
  - 1. Thoughts that your team cannot perform as well as you not only stress you out further, but it stunts the growth of a team that could be highly successful under the proper circumstances.**
- 5. Your success isn't just up to you. Don't feel like you need every bit of applause.**
  - 1. Regardless of what you succeed in, there are always people who helped with making that success besides you. Acknowledge that.**

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- 2. Buy The Book on Amazon**
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