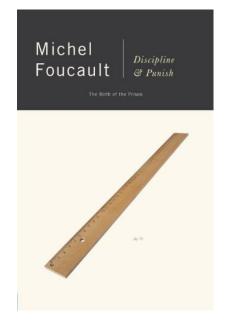
# Discipline & Punish Book Summary (PDF) by Michel Foucault

Ready to learn the most important takeaways from Discipline & Punish in less than two minutes? Keep reading!



## Why This Book Matters:

Discipline & Punish is a look at the French Anien Regime in a modern light, showing how the pricson system is directly linked to societal functions.

### The Big Takeaways:

- Criminal punishment may no longer be as publicly gruesome as it once was, but that is not entirely attributed to the growth of humanity.
  - If Robert-Francois' brutal execution for the attempted murder of Louis XV was the last of its kind; as the turn of the eighteenth century approached in Europe, the new norm was private torture that aimed at the soul rather than the body.

- 2. Torture once went hand-in-hand with crime.
  - 1. Investigators once believed anything admitted during torture was truth.
- 3. Because the public no longer was accepting of public torture, the way punishments had to be carried out changed.
  - 1. The new goal was to "improve" a criminal instead of just destroying a criminal.
- These three principles were the focus in criminal rehabilitation: hierarchical observation, normalizing judgment, and examination.
  - One entity establishes the norm, enforces the norm, and observes abnormalities. Examples are schools, hospitals, etc.
- 5. Key elements of this newfound criminal reform structure were observation or surveillance.
  - The feeling of always being watched made prisoners behave accordingly.

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