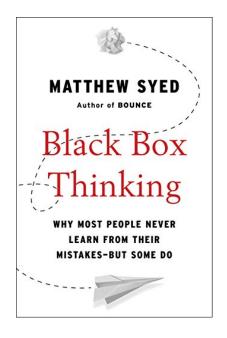
# Black Box Thinking Book Summary (PDF) by Matthew Syed

Ready to learn the most important takeaways from Black Box Thinking in less than two minutes? Keep reading!



## Why This Book Matters:

Black Box Thinking explains how you can drop the stigma behind failure and let it push you further.

## The Big Takeaways:

- 1. No one wants to feel bad about themselves, so they try to avoid failure.
  - If Admitting that you've made a mistake is hard to do because it quickly makes you feel bad about yourself.
- 2. Acknowledging your failure is hard but essential for becoming a better version of yourself.
  - When you don't admit to failure, you hinder your success.
- 3. Test your assumptions about the world and how things in life operate.
  - 1. Don't merely think that what your beliefs are

right without testing them.

- 4. Talking to your partner in a way that is calm and effective can help you maintain a strong relationship.
  - 1. Communication is the key to every successful relationship.
- 5. Every relationship has its issues, but learning to overcome those issues through understanding will keep a relationship secure.
  - 1. You and your partner are not the same people. You will disagree on things. However, the way you communicate those differences are what will keep your relationship healthy.

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