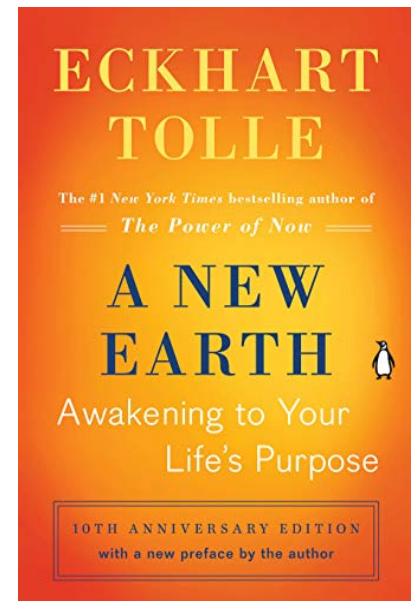


A New Earth Book Summary (PDF) by Eckhart Tolle

Ready to learn the most important takeaways from A New Earth in less than two minutes? Keep reading!



Why This Book Matters:

A New Earth helps readers understand where their inner-turbulence comes from and how they can address their ego to lessen the violence, both inside and out.

The Big Takeaways:

1. **The troubles of society are apparent in the way people treat the earth, as well as one another.**
 1. If Despite what has been done in society to counter humans' destructive tendencies, nothing seems to work.
2. **Violence is never the answer; however, religion is not the answer to violence.**
 1. Society has tried to use religion as a way to curb inherent violent tendencies, but it does not work efficiently.
3. **We must address our ego to confront the violence inside**

of us.

1. Our ego makes us see the world in a way that is not true.
4. **The ego is responsible for the inability to let go.**
 1. When we flip negative thoughts around our head obsessively, we are allowing our ego to take over.
5. **Identify your life purpose, and live accordingly.**
 1. You have a purpose on the inside and outside, both being vital to your success.

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